

MIGHTY MINDS



For
4th & 5th
Graders

*Uses movement, games, and activities to help kids
connect & thrive!*

An 8 week group program that will:

-  Help children with social communication and social skills.
-  Build emotional regulation skills so that kids can feel more in control of their responses and reactions.
-  Teach kids about how their brains operate.
-  Provide an opportunity for kids to feel a genuine connection with other peers.

The Details:

- Thursdays, 6:15pm-7:15pm
- 8 weeks, starting March 5th
- \$175 per session



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